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- *Human spirits, nonphysical spirits, and God*
- *Strengthening humans protects them*
- *God and spirit perceive only positive energy*

God anoints, cleanses, strengthens and heals each of you and all who turn to the Spirit Center, Creator, in strength with gratitude, and in weakness with faith.

You are chosen, not because each of you is special, but because each of you is receptive. You are chosen to be connected in a very direct way to your guides. In that connection you are also chosen to be aware of the growth of those spirits that have preceded you to this spiritual plane that we exist on and grow on. We often speak of what it means to be connected to your guides and we speak of the reality of the spirit lives of all who have joined this side of a very thin divide.

You are in many ways no different from us. You experience joy, you experience love, you experience compassion, you wish to uplift others, you wish to help provide meaning in the lives of others—not by proselytizing but by example. We do the same. We minister to other spirits. We uplift and support and caress those who join us having experienced great pain and emotional turmoil. All that you experience that is positive, that is supportive, that is loving—all of that is shared with our experiences. But where you also experience the negative energies of worry and anger and despair, we do not share that, for those negative energies have been shed from our coat.

Death, in a way, is a refining fire. It strips away what causes pain and suffering. It strips away whatever it is that stands casting a shadow on your own lives, and we are then left with a view of an intense, loving light. The light we see with our souls is not a visual light as you see it, but it is the light we feel, we are aware of. It is a light that comes not just from God, but rather from all that exists. Indeed, for us, you, all human beings contribute to the light that we refer to as God. This reference is collective. It is not merely singular, for the light that is God is a light that encompasses and is comprised of all that is loving, positive, affirming.

You speak of the qualities you perceive to be God, and you also distinguish those qualities from the human experience. That division between what is human and what is God is actually nonexistent. As you respond to others in compassion, you are a part of the light and love that is God. Your energies are enmeshed with God's and there is no distinction. We see your light when you are striving to live according to your understanding of God as being identical to God. There is no distinction. That part of your own soul that is manifested in your actions is precisely your part of what it is to be God. You are not separate. Your love, your compassion is not somehow less than God.

The difference that you experience in your human lives and what we experience in our spiritual lives is merely that part of your lives that is negative, and it is for this reason that each of you is becoming Love. You are learning to be loving but you are not

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all Love, for if you were comprised completely of love, there would be no place in your lives for fear. There would be no reason to be drawn to *I*, to *me*, to *mine*. You would be drawn as that magnet to *other*, to *us*, to *we*, to *you*. The sense of *I* would thereby have no place in your lives. From our perspective, there is no *I* or *mine* or *me*. It is only *you*, *others*, *we*, *us*. The individual ceases to be important as an individual.

We, your guides, love you because of who you are, namely a part of God. We do not love you because of what you do or what you think or what you say. By the same measurement, we do not separate ourselves, our love, from you because of what you say or think or do. Those elements are nonexistent. They have ultimately no impact on our awareness of who you are. There are those who claim to feel guilty because they fear those beloved family members who have joined us would not approve of what they do or think. You must recognize and believe that whatever is negative in your lives is invisible to us. It is invisible to your guides. It is invisible to those spirits whom you love. As guides, we serve to protect, to instruct, to reflect light, to reflect love, but we are no different from the spirits whom you love who are with us. It is not part of the spiritual condition to recognize what is negative on the physical condition. You do what you do, you think what you think, you say what you say. All that is done in love and being unselfish, nonjudgmental, strengthens your own souls and we see that strengthening. That is what we are aware of.

When we protect you, we protect you not from what may be threatening. We protect you in that we strengthen what is good in you. We protect you by strengthening your faith. We protect you by strengthening your love. We protect you by strengthening your compassion. We protect you by strengthening your awareness of the Spirit Center that is God. We strengthen you by drawing you closer to your guides. We do not say, "Something is going to happen that will create pain and therefore we'll prevent that from happening." Rather, we give you strength to meet whatever happens.

As you have heard many times before, God's will is reflected not by what happened to you, but by your reaction. All guides are committed to God's will. It is because of our love that we are committed to strengthening your response and not preventing what happens. Our relationship to human life is one of strength-giving. It is not a preventative relationship, for God's relationship to you is enabling, it is strengthening, it is reinforcing, it is affirming. It is precisely the lesson that is taught to all human beings: be forgiving, be supportive, be nonjudgmental in your loving, be patient, be compassionate, strive to become loving. We don't say, "Stay away from this; stay away from that; avoid this; avoid that." We don't teach by affirming a punishment if a particular action is not pursued or if another action is pursued, for God is not a punitive God. God is a loving God. What is created is love. All that exists comes from that simple statement, and therefore all that is not love is not a creation of God and is not in the vision of God. You live your human lives in order to grow, not to strengthen your defenses.

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This relationship we have with you is the same as that of all guides, and it is also the same relationship between those whom you pray for who have joined us, and you. You wonder about the awareness of those you love on our side, to your comings and goings, your joys and your sadness, what you perceive to be success, what you perceive to be failure. All spirits see only energies that are positive. If a human being commits a horrendous crime, God and all that is in spirit, does not see the crime but rather sees what may become of that, which in turn directs the spirit to God. It is for this reason you are not judged because what is negative, what is bad, is temporary. What is good, what is positive and loving, is permanent. The energy fields in spirit are positive. The spirit does not perceive anything else. If you wish to live in a godly way, then you actively pursue what is godly. You don't perceive a path toward God merely through the rejection of activities you feel are contrary to God's will. Rejecting what is negative has no meaning in itself unless such rejection is replaced by love and all that is related to love.

You are not judged because to be judged, one must be aware of what is wrong and what is right. We see your growth. All souls with us see your growth. You grow through your awareness, but you also grow through your seeking. Any time you turn to God and pray to be shown the way, you are seeking all that is good, and that seeking, that acknowledgment that there is a way greatly magnifies your loving energies, and it is the light from those loving energies that is visible to all on our side.

You are loved by those spirits who have joined us, but you are loved for your striving. You are loved for your reflection of what you interpret to be God's will in your lives. You are not loved because you reject this or reject that, for that is a means of reward. God does not reward you for what you reject. God recognizes your love for what you do in your awareness of God. Since there is no room for rejection, there is no room for punishment, there is no room for guilt. You are loved very naturally. Nonjudgmental love ignores what is negative and recognizes all that is positive.

When you pray for those whom you love, whether they be on our side of the divide or your side, the act of praying is an act of love, and the soul for whom you pray sees the intensity that you contribute to your light which is a light of love. All souls rejoice, in a spiritual sense, when they are aware of an increase in the loving light. They are aware of your individual loving light. When you pray for a family member, the spirit recognizes the source of that prayer and is warmed and illuminated by the increased radiance of love.

You wonder about the awareness of spirit to you as individuals. That awareness is very real, but that awareness is given recognition through your reflection and emission of a loving light. It is difficult for human beings to sense the warmth when another prays for someone, but that recognition is nevertheless there, but it is a spiritual recognition. It is not necessarily a physical recognition. If another prays for your strength, you are given spiritual strength. But if you, the receiver of that prayer, do not

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feel connected to your soul, you will not feel the strength that is the response to prayer. By increasing your efforts to know your soul, you are increasing your ability to be strengthened through prayer. Have faith in that recognition of your spirit. Have faith in your ability to increase the loving light that we see. Have faith in your ability to increase the loving light of other souls as a result of your prayers.

You and we, all souls, are firmly united. We are aware of you at all times, even when you are distracted by things of importance from thinking about your own guides or the spirits of those whom you love. Your lives are blessed by your acknowledgment of your own soul, the validity of all souls, your human experience and encounters, and in the validity of our function in your lives. Be warmed, be strengthened in your loving acknowledgment. Accept what you view to be failures as not actually failures but opportunities to stand up and see the light.

God is Love. God's light is Love, as is the light of all souls. Embrace the Love and you will always be embraced by Love.

Amen.