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- *All life is equal*
- *Human life is a journey toward the perfection of spirit*
- *Vulnerability is central to growth*
- *Life review is an acknowledgment of growth*
- *The presence of known souls after death*
- *To reincarnate or not*

God conjoins your paths in this presence, united in a sense of shared loving concerns as well as a shared seeking for what it truly means to experience life. Each of you experiences life in very different ways. One experiences life creatively in dealing with others, serving others. Another deals with life by serving family, by giving comfort, by being there, not so much through tangible assistance, but by presence alone. Each of you experiences your own challenges, some of greater intensity at one moment and lesser intensity at another. No two lives are the same.

We can also say that no life is as it appears. For the one who is joyous, there is a recognition of what brings pain. For another who is surrounded by pain and anxiety, there are also those compartments in life that bring joy and affirmation. No life is totally without light. No life is totally bathed in a light that never sees darkness. You share so many common experiences, even when they are not shared simultaneously. There is no life which fully deserves only pity. There is no life that is truly free of all that is considered difficult or trying.

What you see through your senses is not a full representation of what is there. You can think back so often to meeting others who were seemingly far different from what you came to know in time and through sharing. The individual who seemed to have everything had indeed experienced what provides sadness or creates anxiety and grief, and that individual who seemed to be suffering slowly revealed the presence of something truly joyous.

Life seems not to be fair, but the truth is all life, although different, remains equal. There is no life-form, human versus another form, that is preeminent in God's creation. Everything has a purpose. Everything has the potential to enhance and expand what has been created. Of course, some people choose not to follow a path that is affirmative, loving, and supportive, but all have that innate capability.

At this time of year, so many become fully immersed in precisely what is of little significance, and yet despite that infatuation of accumulation, there is a constant reminder that human life can aspire toward goals that affirm all and exclude none. The potential that we speak of, the possibility of becoming more loving, is never totally quenched. The potential exists, and at times you see that potential and grasp it in the palms of your hands and bring them inward to make them part of who you are. You are not expected always to be godly, as you may define that term in ideal words and

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concepts. But you can all aspire in that direction and acknowledge moments when you see evidence of that growth.

It is not for you to achieve perfection but rather to acknowledge that the journey toward that perfection of spirit is the whole reason you are given human life. You live to grow. You live to journey upon that chosen path. You live to be loved so that you may become more loving. That is why you have human life. You cannot learn to be loving without being loved, and you are your most vulnerable in that quest when you are young enough to be ill-prepared to be loving. You are therefore vulnerable and receptive to being loved. You learn in that vulnerability. You learn when you are in a position of receiving the love of others, but then you are given opportunities for expressing that experience in your own relationships. Such expressions are sometimes fulfilled and sometimes not, but the vulnerability of being acted upon through love is strength-giving to your capability of reaching out with the love that you have been given.

Being vulnerable, therefore, is central to your growth. When you are hurting the most, you are acutely aware of that vulnerability, and it is in that awareness that you become more receptive to the love being offered. You should not, therefore, deny your being vulnerable. When you are busy speaking, you are less apt to listen. When you are busy doing, you are less apt to be receptive. Therefore, when you are forced to assume the position of being emotionally, spiritually vulnerable, accept those times as an important means of growing in your ability to be loving toward others.

The question was asked about a life review when one joins our form of life, momentarily perhaps leaving human life. What kind of review is offered? How is the process to unfold?

What happens in transition to a life of spirit is an overwhelming sense of peace, and that peace remains. It is not a momentary condition but is permanent. It is a peace of spirit, not a peace of human response. There is a kind of review, but this review that many speak about is not a trial. It is not a means of determining whether one makes the grade or not. It is a calm look at what has been gratefully learned. There is no negative ledger. There is no judgment that says one person has led a life of giving while another has devoted energies to taking. There is no judgment in that way, rather the review is an acknowledgment of growth. It is nothing more and nothing less, for you grow as you grow. It is not a race. It is not a competition. You evolve in spirit as you evolve in spirit. The life review is merely an acceptance of the growth that has taken place.

Each soul is surrounded with peace but also with love. Some souls request to be in the presence of the spirit of someone they knew. If that is a request, then there is a sense of the presence as needed. But we are not who we were. We have changed, just as you have acknowledged the change that takes place between being a toddler and an adult. Sure, we are the same, but we are also evolved. We are also transformed. We are different and yet the same. Our perspective is different, and yet we are the same.

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Our awareness is different, and yet we are the same. So in a significant way, we are both different and constant.

Each soul that joins us has its own set of needs, and those needs are always responded to. But the review is not the Judgment Day that is so often referred to. It would be better to consider it an acknowledgment, not a judgment.

When you understand the lessons you've learned, you will also be aware of what still needs to be learned as you become ultimately totally love. Some souls then choose to return to a human energy form, and they grow in that way. Others decide it is not necessary, and they evolve in a different direction towards a different awareness. The decision is not difficult because the decision is made strictly through love, and it is clear. There is not a decisive point that causes anxiety or guilt or fear.

Your growth as souls follows a smooth path. Of course there are stones or boulders, but the path is not about the boulders. The path is about the certainty of growth. For some, the journey is quicker than others, but time is never an issue. Time is ultimately meaningless. So it makes no difference which direction a soul chooses, for that choice will always be what is best for that soul. The choice is a recognition. It is an affirmation. Above all, it is a loving act of the soul, and when the soul responds through love, there is no loss. There is nothing to be regretted.

Your lives are rich in peace. They are rich in strength. They are rich in the capacity to be vulnerable. Be comfortable with what is peaceful. Be comfortable in the importance of being vulnerable, and always give thanks that you are experiencing what can be achieved in your human life. You are always accompanied—accompanied by us, your guides, accompanied by the souls of all, accompanied by the Power that has created the universe you know and the infinite universes that exist beyond.

Amen.