

April 29, 1992

- *The triangle of essential perspectives*

God blesses each of your lives and bathes your souls with the brilliance of God's presence. We see a tremendous light coming forth, a light of support, a light which carries needs, a light which sends out concerns and prayers for others. We see a light which reflects the brilliance which is around you. Life is really exciting in its potential for human growth and spiritual development. There is much which lies before each of you, containing the seeds for enormous growth and development. We urge you to grasp onto all that life presents you, whether challenges or triumphs or disappointments, for they hold within them the nurturing strength which helps to shape your souls.

So often we have talked about the potential for growth in your relationships with others and with yourself and with God, but these are the issues which in the end are what you are on earth to experience. All human activity can be reduced to the triangle which we described. Whatever happens to you or whatever you observe happening to others can be viewed from the perspective of each of the three corners of that triangle. Ask yourself constantly what is it that you are doing which affects your relationship to God, to others, and to yourself. If what you are engaged in serves as a nutrient to all three, then you can be assured it is worthy, it is good, it is right, it merits your efforts and energies.

When you are concerned about events of the future, try to view what awaits you by asking, "Is there potential for me to gain a greater vision of my relationship to God, of my relationship with others or myself?" If events hold a potential to benefit all three, there is no need to be fearful or anxious.

When events transpire in your lives that you find difficult to accept, try to place what has happened into those three categories of experience. They will help you always to find meaning in their existence. You will never be freed from disappointments, but if those disappointments provide you with more insight into God, others, and yourself, then those disappointments have become markers which lead you forward. They cannot be interpreted as setbacks.

These three perspectives which are essential to a meaningful human life cannot be overemphasized. They are absolutely essential if you are to accept what life is, what life has been, and what life may be in the future. Your existence is given meaning and importance and balance because of your perception on these three levels. Your souls grow as a result of your clearer view of God, of your clearer understanding of others, and of your clearer acceptance of yourselves. The soul is freed and strengthens its radiant energy outward.

When you refuse to look honestly at one of these three, or any of these three perspectives, you inhibit your soul's capacity for development which is the purpose for human life. This triangle, therefore, is the means by which your life's purposes are

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fulfilled. The result of viewing your activities in these three ways is the achievement of a true inner peace. You become at peace with yourself. If you are at peace with yourself, you will find it easier to be at peace with your neighbor. Understanding that, it becomes easier to feel at peace and at one in your relationship with God. It is really peace which you all seek.

You wish to achieve a kind of equilibrium, a spiritual equilibrium, one which defines life as a balance—a balance between objectives being pursued and a recognition of where you are. With such peace and the achievement of balance, there is no need for real frustration, for frustration is the indication of a lack of balance.

Each of you has within you that potential for a life free of real frustration, a life characterized by balance, a life which reflects inner peace and outer peace. You have the means of achieving those goals. They are possible within the human experience. There is much spiritual growth which yet remains, but that is not to say that you cannot expect to reach a state of true peace in human life. It is peace which provides the environment for spiritual growth. Growth is not achieved through frustration or anger or depression. Real growth is achieved when the soul is freed to grow, and it is the peace which you seek that provides the freedom that your soul needs.

Communication must be pursued seriously between each other, but so must also the communication with God. For some that communication is prayer; for some it is meditation; for some it is a devotion to service for the benefit of others. By serving others one is serving God. But communication is essential.

It is also fundamental that you communicate with yourself. That means to be honest with yourself, to be willing to look at yourself in a mirror, in a matter of speech, and be willing to take stock of who you perceive yourself to be, what is important to you, what keeps you going, what motivates you, what gives you cause for fear and anxiety. That kind of communication is absolutely essential for the triangle to reach the equilibrium that results in the peaceful growth of your souls.

Your lives are unmistakably intertwined with one another. Your lives are permanently connected to all people with whom you are in contact. We urge you to devote effort to seeing yourself within the triangle, to improving your communication within the triangle, finding ways to feel closer to God, finding ways to feel closer to others, finding ways to becoming close to yourself.

Life is indeed worth living. There is a wonderful potential that you all share in and it is our joyful responsibility to help you shape your lives, to help you find meaning in your lives, to help you view that triangle clearly achieving a balance that you all seek, achieving the love which God would have all express.

We bless each of you and join your souls and your guides with the light and strength of God's presence.

Amen.