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- *Change and adaptation in life*
- *Political and societal tension*
- *How pendulums and other divining devices work*

You seek communion. You seek communion with others. You seek communion of spirits. You seek that oneness that is the true reality. You are all seekers, and yet the paths that you travel upon are and must be different, one from another.

No two souls live in human form as parallel entities. You commit yourselves to relationships. You commit yourselves to projects that bring you together with others. You commit yourselves to an identity with all that you perceive to be what God is. But the paths that you travel upon are never identical with another.

We have urged you to accept the validity of all other paths and not to measure one against another. We know that it's part of the human experience to compare. We know it is part of the human experience to compete. We know that it is part of the human experience to fight for what you believe to be true, but it is also part of the human experience to adapt, to change, to be molded throughout your life.

Not everyone lives with a constant willingness to adapt. There are seasons in human life, for life is not static. It must be dynamic in order to grow, and part of that dynamic energy is the willingness to stand for what you believe, and to compromise and adapt and enfold yourselves within the fabric of all life.

Without the ability to change, there is no growth, but that change can be seen by some as a negative force, a negative power. A change may be a negative presence or influence. Part of your challenge as human beings is to embrace those times when such change does not bring you closer to one another with a clearer sense of the reality of God.

The changes you experience can be wrought with sadness, loss, anger, and most importantly, fear. Those seemingly negative energies are part of the clothes that are worn for a period of time, but those clothes do not cover you forever. They are clothes that can at times seal you from further pain. When you are enveloped in fear, you act in ways that may not seem positive, but that fear is an important means of protection at some level, emotionally, spiritually, physically.

Think of biblical references to the expression of fear, and consider the results, often much later, that are a consequence of fear. Those results ultimately lead to an acceptance of God. The route from fear to acceptance may lead through supplication to pleading for evidence of God's grace. But in that process, God slowly becomes more close in that recognition.

Human lives change. Society changes. Attitudes change. Biases are altered. It is in the altering, it is in the change that growth occurs. If you do not change, you stay

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where you are. If your neighbor does not change, then no motion is observed. All life experiences change.

All that is inanimate also experiences change. That change is essential. It is essential because it leads to a communion with God, a communion with others, a communion with truth as it becomes revealed. When there is no change, there is no communion.

When others you encounter become challenges of the highest order, part of your accepting of others, part of your communion with others is an acknowledgment that the other is going through change. There is also an acknowledgment that you, in your relationships to others, must go through changes. All is dynamic; nothing is static.

Love exists, but love exists only when love grows, for that is the natural order of love. Two individuals can love one another and yet find themselves in disagreement. It is the working through the disagreements that provides the potential for the relationship to become deeper. The communion between both can become more profound, more meaningful.

Societies fight, and then societies find grounds for reconciliation. They fight not because they are evil, but they fight because their perception of where they belong on their path leads them to believe that their current direction is the only direction. Because change is essential, those directions will be altered.

It is always our intent to deepen the communion between our life-form and yours. Sometimes you are receptive; at other times you feel more distance. If you are always receptive, you may lose the perspective of why that acceptance is so important. Sometimes it is by not accepting that you become more sensitized to the value that is gained through the communion. Each of you finds struggle—struggle with others, struggle with thoughts, fears, and anger. Struggle is a part of human life. But in the stress of the struggle, you can see God's presence, and without that struggle, the presence is not so intently sought after.

You have concerns about the nature of political structure—the character of political structure, the tension of political structure, the frustration and anger of political structure. But in your observing and in your feeling through the processes that you are engaged in, the political concerns can lift you to a higher understanding of what it means to accept all others.

Sometimes it is the horrors of war that are the most effective teachers in recognizing the folly of war. You can speak of international dissent. You can speak of war in the abstract and say you wish it didn't exist, but when you are more intimately aware of the suffering and denial of human values, then the foolishness and tragedy of war becomes more apparent.

That is a dramatic example, but it can be applied to individual relationships as well. When relationships falter, you come to understand the value of relationships. You do not always appreciate something in life until it is no longer present. You tend not to

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appreciate certain individuals, and when they cease to be present in their lives for they have joined us, you surround them with eulogies that extol their value to your own personal paths. Experiencing loss enough times strengthens your commitment to the value of all human beings regardless of behaviors, regardless of words, regardless of actions, regardless of contrasting beliefs. Life is sacred, and it is through a denial of the presence of others that you become more committed to that sacredness.

There are some whom you know who have passed on to our life-form, our energy, our sea of love. You ask about someone who recently passed over, a strong spirit. That spirit flourishes, and others are warmed by that light. All is peaceful, all is good as he joins in our presence.

You wonder about the use of a device such as a pendulum to help in making decisions, wondering whether there is validity, whether it is something that one follows, whether it indeed shows the way, whether you have an influence on the motion of the pendulum. We speak at this time about communion. We speak at this time about the relationships of human energy, and human energy with nonhuman energy. The truth that you seek is that the pendulum resonates with you. It does not instruct you. But to resonate, energies must be in motion. Your eardrum resonates to pressure waves of sound. Without the eardrum, the pressure waves have no meaning. There must be a communion between the physical components of the eardrum and the moving wave-forms. One interacts with the other. One is not simply present and the other nonexistent.

And so it is when one uses devices such as pendulums to gather greater understanding of what is appropriate and what is not appropriate. The pendulum responds to what is within you, and you respond to the energy that is within the pendulum. That mutual response can be characterized in binary terms of yes and no, right or wrong, and that is thoroughly appropriate, but it is understood that it is not you who are passive and the pendulum that is active. They resonate with one another, and they both resonate with the energy that is the energy of creation. It is the energy of God.

Some individuals gain a material recognition of soul through the use of pendulum or pointing devices. It's a way of seeing evidence in a concrete fashion of a truth that cannot be measured by any of the human senses. There are many who come to an understanding of our reality through such devices. They are not gimmicks any more than a pendulum is a kind of gimmick. There is a resonance, there is a communion, there is a relationship that is being experienced, and when that relationship leads to a decision to wait or to not act, that is the proper decision for that moment.

But such decisions that you make in human life are not decisions that are resistant to change, because as we have said, without change, there is no growth. What seems wrong or inappropriate today, may become appropriate tomorrow. What is essential is to be open to the possibility for change, being always willing to understand the communion between yourselves and others, between yourselves and inanimate objects, between yourselves and nature, changing of relationships between yourselves

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and your understanding, your knowledge, your wisdom, your health, indeed changes in your faith, even changes in your acknowledgment of our presence. All such changes have times when they are appropriate.

You live because you change. The tree survives a storm because it moves. You must be willing to move in your spiritual pathway. Your path is not determined to be in a direction beyond your control. The paths you follow are meant to change. There is no doubt that they lead to the loving totality of the creative force that you call God, but that path is not determined in such a way that it always points in the same direction. You have within you the capacity to choose, to move your pathway one way or another, knowing that in the end you will find your home. It is never lost. You will never find yourselves on a pathway that has no conclusion, that has no rightful end.

Accept the changes you experience in life. Accept opportunities to direct and redirect your paths. Accept the opportunities that come when your paths are in communion with others, and accept when those paths diverge from one another. Take the paths. Have faith, not in the direction that is immediately seen, but in the ultimate goal being achieved. All of you, all human beings, will become a part of the love that is total love that you call God. That is a truth that cannot be denied. As we often say, this is not a race. There are no winners, for all are finishers. All will succeed. Your greatest enemy will succeed. The force that is the most negative that you can imagine in your own lives will nevertheless ultimately be turned into the force of God, the force of Love.

You are on a great journey. Embrace your paths, embrace the change, and embrace the hallowed goal.

You are blessed as we are blessed. You are given life as we are given life. You journey on your path as we journey on ours, and in the process we rejoice in the communion of shared paths.

Amen.