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God here abides with us and you and sheds light upon each of your souls. Again we rejoice in the opportunity of reflecting God's light to each one of you.

Although only one guide communicates with one person, we are all working together. When you are united, we also are together. It is rather difficult for you to picture in what way we join in our communion of God's blessing to you as a group. Humans associate being together in a physical sense—one that is visible, that can be felt, touched, a relationship involving conversation. But our unity is a much closer one. We do not have to see one another in a physical form to recognize each other. We are aware of another soul through the light which is reflective of God's total presence. As each of you has a light, we also retain that characteristic.

You have already been instructed in the matter of the lights of souls. Light is visible, but it is also felt. Light emits warmth. It is a vibration, a vibration which is active at a very high frequency. When we are joined together, we recognize the lights of each guide. We feel the warmth and sense the vibration.

If you put two strings close to one another which have been stretched tightly, one string causes another to vibrate. This you call sympathetic vibration. The way your guides are recognized as guides belonging to you in a group is through a kind of sympathetic vibration with your soul. Each of you is able to receive the instructions, the directing love of God directly. Your guides focus God's light, and for you to be capable of receiving that light, it is necessary that your soul's aura vibrate sympathetically with that of your guide. You do not have the capacity, however, to make great changes in the vibrations of your souls, but we, your guides, can alter our vibrations to match yours.

Although we are your guides individually, we can recognize the vibrations of other souls in mortal life. Knowing those vibrations, the frequencies which generate light, we can easily find that guide whose light is vibrating sympathetically with that soul. That is how we recognize one another on our side. Our interaction during these communions is one of organizing our lights so that the vibrations are harmonious, so that neither cancels out the other but supports the resulting light from our efforts working together when you are together, a task which is enormous.

The light is powerful, brilliant, and radiates outward far beyond the confines of your circle. As you know, the lights of each soul reflect the light of God and the lights of souls nearby. Therefore, when you join together in prayer, in opening yourselves to

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God, you not only emit a great light, but we too become a part. The combined light of your prayers and our efforts touches many souls, souls for whom you pray and the souls of many individuals whom you will never know. Therefore, your group and countless others around the world provide unimaginable strength in developing a receptive environment for God's blessings on earth. Because of this great potential for opening other souls to God, we tell you how much we rejoice in your being together, for the good which comes is not only to you but to all.

We would like to speak to you about movement, movement viewed spiritually. The movement of the soul is not a physical movement. It cannot be viewed as you perceive movement. Perhaps the closest analogy to spiritual movement is progress development, the ability of the soul to expand. It is that expansion which comprises movement. Movement in your world implies the use of space. In our existence, there is no space, all is unity. Space means separation, and for us there is no separation.

If you wish to understand, from your point of view, movement within the context of space, we suggest your imagining being in two places widely separated at the same time. Your mind darts from one location to another, but for us both locations are the same location. There is no separation. We are in both places simultaneously. When you are concerned about someone you love who is far distant and we give you information about that person, we do so because for us, you and the one for whom you are concerned occupy the same space. You are together, so for us, movement cannot involve distance or space.

The only movement which is possible for us, and which is of greatest importance for you, is growth. It is the opening of yourselves to encompass all that is around you. It is the readiness to acknowledge that all people, all animals, indeed all life, are but one. That is movement of the soul. It is an expansion of your love and most difficult to achieve in human life form.

The Christian doctrine does not expend great energy in making individuals aware and fully accepting of the absolute unity of life, but there are many religions of the past and present which foster a sense of love for all that exists. The concept is an old one, but for you it is difficult to fully embrace. All of God's teaching can be focused on the fact that all that is one, is unified. The teaching of love is important because of your unity with all people. God's teaching of the importance of prayer is vital because prayer affects the unity, it affects all.

We have said many times that the purpose of your life should not be to get ahead of another, but to elevate all humankind, that you progress only because another progresses. That is so because you are unified with the other. All life then is a single body. It is not confined, but infinite. You cannot imagine it as a ball because a ball has a surface, an edge, an end, as it were, that is finite. But the unity of existence is infinite. There is no edge. Scientists spend much effort in understanding the expansion of the universe. The material in the universe expands and becomes more

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distant—the stars, the galaxies—but the reality of the vastness of space is that it is infinite. Each of you is related to the other in no greater sense than you are related to all matter that exists on earth or throughout the universe.

This may seem rather cosmic, you might say, in the extent of what we say. The size is not the issue. It is the principle which must be understood. To grasp some concepts, one must look at a small example and theorize about its larger dimensions, but the principle of unity of existence must be carried to those cosmic proportions. By so doing, your perspective is enlarged significantly so that you may directly sense how close all humankind is bound in unity.

All religions of the world profess the brotherhood of man in some form or another, for all religions recognize the unity of human life, but applying your sense of closeness to others is for many most difficult. Be ready, therefore, to explore possibilities for movement. Seek opportunities for growing in your abilities to embrace all life, to respect all life, to support all life. Recognize the common bonds in life. By so doing, you will see God, for God is the bond, God is the power, the force which retains the unity of which we speak.

Your response to the recognition of oneness is love. That love is exercised through prayer most importantly. It is expressed through sensitivity to others, and its strength is achieved through the acceptance of God's light illuminating all that is. It is your recognition of that light and your reflection of it which binds the universe, which unites the world, and which provides the ability of one soul to touch another.

God's grace is with each of you, but not only with you. God's love is for you, but not only for you. God's protection is for you, but not only for you. Accept the equality of all people in God's love. Reject pride, for that only serves to slow the movement of your souls. Reject guilt, for you are not below any but stand on equal footing with all. Rejoice as we rejoice in the combined light of your reaching toward God and our lights reflecting upon all of you!

God blesses each of you and surrounds all life with love.

Amen.