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- *Life is a process of spiritual broadening*
- *Journey through life compared to a ship at sea*
- *Your physical being accompanies your spirit on its journey*
- *Every human being becomes God*

God joins each of your spirits, bonded into a unity that is filled with loving acceptance, loving affirmation, loving respect, loving support in all ways that are essential for the growth of your souls as you journey upon your own paths and intersect with one another.

We spoke to you the last time about journeys, about transitions, about a vision of what lies before you. That discussion was filled with examples offered to help you understand in some way the process of your pathway. These paths that you travel upon of course are not specifically physical pathways, but they are indeed a process. They are indeed an opportunity to expand, to become deeper and broader, to become more humble, to become more vulnerable, to become more loving.

Your lives are a process. The energy that your lives consist of is devoted to process. The energy is constant, but the energy always changes. How is it constant? It is constant by being there, by being with you, by being a part of you, by defining who you are at any moment along your path. But it is also changing in that your energy takes on new forms, takes on new identities. We have spoken somewhat of this in the past. You are the same person you were as children, and yet your identities have been transformed into adulthood. Nevertheless, you are the same person. The energy that was a part of you then as a child is undeniably a part of who you are as an adult, and yet the manifestation of that energy is different, and it is how that difference takes place that occupies the character of your paths.

You intersect with one another, and in so doing your energy is transformed. Each of you is changed through your connections, through your engagement with one another, just as you are changed through your engagements with everyone else in your lives. The blessing of sharing these communions of spirit with a group is that you have an opportunity to respond individually to one another, to challenge understandings, to question beliefs but never to criticize them. This interaction, this exchange of spiritual energies results in a profound transformation for each of you. This transformation of energy is not unique to your group, but because of your interaction with one another when you are together, such changes may seem more evident. You make a statement, and you have some kind of response.

This type of exchange of energy leading to growth is different when you are about your daily activities. Seldom do you have an opportunity to express heartfelt thoughts, heartfelt experiences, heartfelt hurts, heartfelt joy so completely. When you are engaged with others on a daily basis, much of your personal experience remains

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hidden within the shadows of your pathway, and they are less obvious to others. Being less obvious does not imply that they are of no significance or little significance. Your thoughts, even those thoughts that are unspoken, have a direct impact on others. If you surround yourself with peace, you will be peaceful, and that peacefulness will have a direct impact on others. If your thoughts are filled with anxiety, competitiveness, jealousy, defensiveness, insecurity, then you become the embodiment of those experiences, and that embodiment is felt by others.

If you seek peace, seek those who are peaceful. If you seek faith, relish the company of the faithful. If you try to be loving toward others along your pathway, bring yourself into the company of others who are loving. Like does attract like. Those who are compassionate attract others who also share the value of compassion. You have the opportunity to create in this manner precisely what it is you seek. You create a vision of the shore that you are pursuing, and that shore comes into view.

There were questions about the concept of a ship seeking a distant shore from our last communion. What about those ships that don't reach the other shore? All ships reach the shore, but the shore, the goal of your spiritual journey, is not a specific concrete objective of spiritual perfection or full knowledge or total peace or total health or life without difficulty. The shore we speak of is the shore of spiritual broadening, a spiritual depth that is brought within the human experience. The shore is a goal that is more intention than real arrival, as you consider the concept.

You pray to be loving. As you become loving, you are reaching an objective of spirit. Do you become one hundred percent loving? No. Do you become one hundred percent peaceful? No. Do you become one hundred percent faithful? No, but you are becoming loving, you are becoming peaceful, you are becoming faithful, and it is the becoming that is the real shore, the real goal. Is it possible to become fully any of these characteristics? In human life, no, but in your spiritual life, the life that really is permanent, the answer to all is an emphatic "yes!" You must remember human life is part of a process. It is not product oriented. You will never become fully love. You will never become fully faith, but you can become more loving, you can become more faithful, and it is in that becoming that you are achieving the goal. You are achieving the port that you seek.

You must learn to evaluate your own goals, to identify what is ultimately of importance. It is easy for human beings to say in definitive terms, "I want to be the best. I want to be the perfect example of ___, or the strongest proponent for ___, and you fill in the blanks. Those goals are finite, but the goals that we refer to are not. They are reachable, but they are reachable because of the process of human life, the process of a fully spiritual existence.

Will we, your guides, become perfect love? Yes. Will you become perfect love? Yes. All will become perfect love. All will be transformed in their energy into complete and total love, for all are ultimately drawn to the Center, the Center you refer to as God.

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Every soul becomes a full participant in the Energy of Love that is God. Every path that is taken ultimately leads to that perfection. Every human being you have met, every human being you have read of, every human being that you have no awareness of whatsoever will become God. It is for that reason that we refer to all human beings as godly. You're in the process of becoming God. You're on the path that leads fully to God.

God is the ultimate other shore. There are storms on the seas of life. There are shipwrecks. There are disasters. There are days of clear sailing, but despite what you observe, despite what you experience, the other shore is reached. If each of you perceives of your lives as part of this grand journey of the spirit that you in human form are accompanying and nurturing, then you will acknowledge the sacredness of that journey. Your human form, your physical being, indeed is an accompaniment to the spirit. It is not that the spirit is an accompaniment to the human being. The spirit moves forward, and you as human beings are part of that journey, but it is the spirit that is on that ship. And for a brief moment, you join that journey, and as you accompany your spirit, you experience what the spirit experiences.

It is the spirit, your soul, that is the principal energy to life. Yes, your energy is evident. It is seen by others and therefore is assumed to be the most important reality, but you are merely companions to a greater energy force, the force of Love. You learn from your spirit. Your spirit also learns from interaction with you. For awhile the spirit is on the journey alone, and then it is accompanied in human form, and then it continues alone, and it may be accompanied again at a later time. But what is making the true journey is your spirit.

You grow as you become more aware of your partner, your spiritual essence, for that spiritual presence finally provides meaning for the journey. You are not on the ship merely to be on the ship. The ship, the path, is merely a way, a means, of getting to the other shore. Your lives move and are governed and given purpose and understanding solely through your awareness of spirit.

There are those on the journey who feel **they** are the essence of that journey. You have all met such individuals. That experience that they have is appropriate for them at that moment in their development. If you are in a darkened room, you are unable to tolerate suddenly being in the presence of great light. If you are in the darkness, you must accommodate to the light gradually, and after such accommodation, the bright light is tolerable and becomes fully welcomed and embraced.

And so it is with human beings who are unaware of spirit. When you try to share with them the importance of their acknowledging the soul, they will be unable to fully embrace what you share. But if you live your lives reflecting the soul that you are accompanying, then those who feel they are the principal presence on the path will slowly recognize that there is an emergence of a delicate Light. Your presence in their lives is enhanced by its delicacy, not its dominance. When you encounter others on

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your journey who reject your sense of spirit, your sense of soul, allow that rejection to be a part of the adaptation gradually to recognize the presence of Light, and be willing to serve as that gentle beacon. In so doing, you reflect your full awareness of the Spirit Center to which you are joined, and you also gently illuminate those who have no similar vision of Light.

The journey across the sea is indeed filled with many opportunities, many experiences. But allow the journey to take its own course. Allow the journey to provide what it will provide, and if you expect to reach a finite shore, then accept the reality that the real shore that all journey toward is the shore of being fully God, being fully aware of the absolute sacredness of All That Is. That shore is the capacity to become fully Love, capable of illuminating all in its presence.

What you are experiencing as human beings, therefore, is not toward a finite end in itself. It is the journey in a sense that is your immediate goal. The journey—not its conclusion—but the journey itself. The journey takes you where you must go. The path leads where you must follow. Have faith in your own journey. Have faith in the journeys of all human beings. Avoid that temptation to judge its validity when you see a path that seems to be heading in a totality incorrect direction. That path that you observe that is not your own is equally valid, and although you do not see its conclusion, you can be fully faithful that all paths do come together. All paths culminate in absolute total Love.

Accept what you cannot understand. Accept the paths that you may disagree with. Accept the attitudes of others that you may not be consonant with. The dissonance that you feel in life is the conflict of different paths intersecting, seeming to go in opposing directions. Each path has turns. Each path has what seem to be detours, but each path in its totality is totally correct. The detours may be painful. The detours another may take can bring pain to you, but those detours are only obstructions. They are not the direction that is really being followed.

Accept the obstructions that are in your own life. Accept the uncertainties. Accept the setbacks, for those are merely brief detours. You are on the paths that you must be on. The detours belong to your paths with equal importance to the goals that those paths lead you toward. All that happens, whether boulders or smooth sailing, give new meaning to your journey, give you purpose, give you strength, and can serve to affirm your acceptance of all opportunities to accompany your spirit and to move toward God.

You are blessed in your journey. You are blessed in your detours. You are blessed when you don't see where your paths may lead. You are blessed in your uncertainties. You are blessed in your boulders. And you are blessed in your opportunities to share with others your journey, however delicate your light may be shown.

Amen.